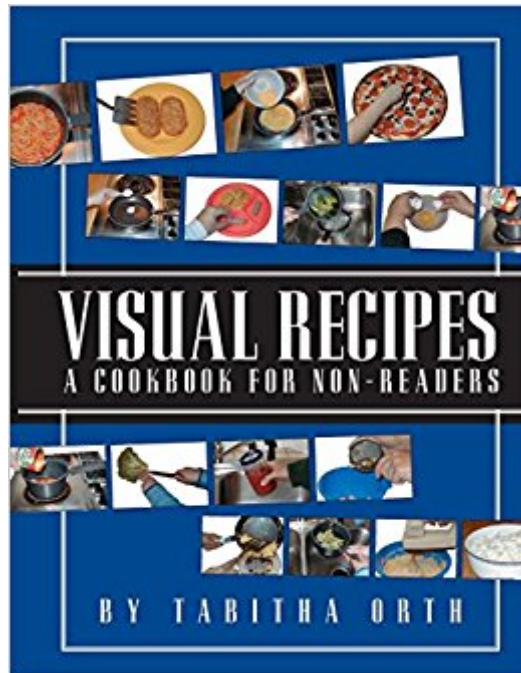




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Visual Recipes: A Cookbook For Non-Readers



Synopsis

This unique cookbook, written for individuals with autism spectrum disorders and other developmental disorders, will foster independence and confidence for anyone in the kitchen. The clear photographs, which include all of the small details that a person with autism or a nonreader needs to be successful, are easy to understand. The book features 35 recipes grouped into the following categories: breakfast, lunch, side dishes, snacks, desserts, and drinks. The recipes consist of picture-based directions, and each step is framed for visual clarity. Simple text directions also accompany each step, and the importance of safety is highlighted.

Book Information

Perfect Paperback: 107 pages

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Average Customer Review: 3.5 out of 5 stars 25 customer reviews

Best Sellers Rank: #158,139 in Books (See Top 100 in Books) #61 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Physical Impairments #879 in Books > Education & Teaching > Schools & Teaching > Special Education #6132 in Books > Cookbooks, Food & Wine

Customer Reviews

Mrs. Orth uses effective principles in her presentation. This creative book will be very good contribution to people with autism. -- Gary B. Mesibov, Ph.D., Professor and Director, University of North Carolina at Chapel Hill Division TEACCH Administration and Research

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With its photos and easy-to-follow directions, Visual Recipes will enable independence and confidence for anyone in the kitchen. -- Elizabeth King Gerlach, Author, "Autism Treatment Guide" and "Just This Side of Normal"

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Tabitha Orth lives in Beaverton, Oregon, with her husband Jim, son Matthew, and Hialeah, Matthew's assisted service dog. In 1996, Justin Dart, best known as the Father of the Americans with Disabilities Act, honored her with the Justin Dart Award for advocacy, which resulted in the creation of an intensive early intervention program for young students with autism. In 1998, she received the Community Partnerships Award in recognition for her collaborative achievements in advocacy, which led to an increased public awareness and better quality of life for people with developmental disabilities and their families. Her days are filled homeschooling her son.

I received this item quickly and was excited to use it with my students. It is usable but there are some printing errors: pages not printed, duplicate pages. I was also a little disappointed because there are very few recipes but instructions on how to make things like prepackaged french fries or canned items. I wanted real recipes for my students to be able to follow to make actual fresh meals. I will still probably use it for the few recipes that are in it.

There are so many uses for this one, from those who haven't mastered English to those who may never read. I first heard of this from the mother of an autistic child so there is that connection as well. The recipes are healthy, easy to follow and contain a nice balance of food groups. Is it gourmet food? No, but anyone using this book won't starve and will learn how to make basic foods, both from scratch (oatmeal) or those that are convenience foods (Frozen potato patties). Grilled cheese sandwiches, which seem easy enough for most to make, are "explained" in photos and I was surprised to discover that my own technique improved with the visual aids. Other foods include Spaghetti, pizza, corn dogs, baked chicken, hot chocolate, popcorn, rice, vegetables and more. As I noted, this is NOT "knock your socks off" gourmet cooking but for the child or adult who has trouble reading basic instructions or has memory issues and can't be taught how to cook the traditional way (parent to child, grandparent to child, whatever), this visual guide works well. It even helps with

some stroke patients. This one gets an A+ for teaching competency and independence.

Disappointed, this book includes too many recipes for things like chocolate milk and toast, really? So many recipes out there looking for a recipe book for 30 year old with intellectual disability, non reader. He thought the book useless

I was very disappointed with this book. I was hoping to find a book for children with disabilities who are unable to read. I find it very discouraging that this book focuses on making microwave mac and cheese or other meals with little to no skill needed or nutritional value. The visuals in the book are not impressive either. I thought it was a complete waste of money.

Layout is not inviting or user friendly. Photos are small and unclear. Recipes are outdated and not especially healthy. Prepared foods used a lot. This is NOT a cook book. It is an instruction manual for prepared, canned, frozen or packaged foods. Canned spaghetti? seriously? Disappointing.

I have a child with special needs and this is a great visual cookbook. The recipe directions are laid out step by step in pictures instead of words. My daughter loves to cook with me and this gives her something she can do herself and feel good about. She has made just some of the basics for now. Many of us take making a PB and J for granted. It's a big deal for my daughter to be able to look and follow the directions so she can do it herself. She has learned to use the microwave and toaster and has made toasted cheese sandwiches from this cookbook. There are many simple things like sandwiches and more complicated things that require some cooking on the stove. This book is truly wonderful for visual learners wanting to have more independence. I have ordered several for some of my daughter's schools she has attended. One of her speech therapist has a copy and a couple of her past special ed teachers. I just ordered another for her teacher this year who teaches more with life skills. They have a small kitchen in the class and cooking is something they work on for life skills.

Every parent of a developmentally disabled child worries about what the future holds. Will our children be able to care for themselves? Will they be able to live functional, independent lives? Tabitha Orth's "Visual Recipes: A Cookbook for Non-Readers" offers a solution to one of the challenges a non-reader faces when moving into an independent life: the ability to prepare meals. Orth employs the use of visual sequencing to enable the non-reading cook to independently

prepare simple recipes by following steps that are clearly depicted in pictures. For anyone who has ever worried that their child will never gain independent living skills, this book represents a step in the right direction. As the parent of two boys with autism, this book represents one of the most valuable teaching tools I have yet to purchase for my children. Bravo, Ms. Orth!

I use this book with non verbal students who use adaptive equipment to cook. I like the way the pictures break the sequences down very specifically. It helps me to remember not to assume the stove temperature or the step of "turn the stove off". My frustration is with the use of name brands as visuals and in the written text. By using the specifics, it requires the user to modify the recipe before using it with students (if for instance you don't have "butter flavored" Crisco). In my classroom we incorporate switch practice with highly motivating activities to move toward advocacy. The Visual Cookbook provides me with pre-printed, step by step directions for activities that we can easily set up.

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